

VOLUNTEERING: 12 MEANINGFUL WAYS TO GIVE BACK WESTCHESTER

TOP DOCS

664
Physicians
in 62
Specialties



**Expert
Medical
Tips**

ALAN GASS, MD
WESTCHESTER MEDICAL CENTER



*Alan Gass, MD
Medical Director
Cardiac Transplant*

**WINTER
GETAWAYS**
(BEYOND SKIING!)

FESTIVALS • DINING
SPAS • WILDLIFE TOURS
ICE GOLF • SHOPPING

NUCLEAR MEDICINE

Perry S. Gerard

Valhalla
(914) 493-8260
Westchester Medical Center
*PET Imaging, CT Scan, Nuclear Radiology,
Nuclear Oncology*

**OBSTETRICS &
GYNECOLOGY**

Maria C. Abbattista

Scarsdale
(914) 831-4170
White Plains Hospital
Adolescent Gynecology, Menopause Problems

Elisa E. Burns

Mount Kisco
(914) 242-1380
Northern Westchester Hospital
*Minimally Invasive Surgery, Robotic Surgery,
Colposcopy, Hysteroscopic Surgery*

Julianne Dunne

Purchase
(914) 848-8668
White Plains Hospital
*Pap Smear Abnormalities, Adolescent
Gynecology, Menopause Problems, Breast
Cancer Genetics*

Alyssa Dweck

Mount Kisco
(914) 242-1380
Northern Westchester Hospital
*Gynecology Only, Sexual Dysfunction,
Laparoscopic Surgery, Robotic Surgery*

Bonnie D. Eilen

White Plains
(914) 831-6800
White Plains Hospital
*Hormonal Disorders, Pregnancy-High Risk,
Adolescent Gynecology, Menopause Problems*

Philip L. Florio

Yonkers
(914) 963-0284
St. John's Riverside Hospital-Andrus
Pavilion
Laparoscopic Surgery, Colposcopy

Jennifer B. Gannon

Mount Kisco
(914) 242-1380
Northern Westchester Hospital
Adolescent Gynecology

Dmitry Gerber

Yonkers
(914) 848-8640
St. John's Riverside Hospital-Dobbs Ferry
Pavilion
*Minimally Invasive Surgery, Pain-Pelvic,
Laparoscopic Surgery, Women's Health*

Regina M. Giuffrida

Mount Kisco
(914) 242-1380
Northern Westchester Hospital
*Menopause Problems, Gynecologic Surgery,
Gynecology Only*

Vanessa A. Grano

Rye
(914) 253-4912
Greenwich Hospital
*Pap Smear Abnormalities, Colposcopy,
Pregnancy*

Dominic M. Grecco

Mount Kisco
(914) 241-4900
Northern Westchester Hospital
*Pregnancy-High Risk, Hysterectomy
Alternatives, Robotic Surgery, Minimally
Invasive Surgery*

Scott D. Hayworth

Mount Kisco
(914) 241-1050
Northern Westchester Hospital
*Minimally Invasive Surgery, Endometriosis,
Menopause Problems*

Adina H. Keller

Mount Kisco
(914) 242-1380
Northern Westchester Hospital
*Robotic Surgery, Minimally Invasive Surgery,
Menopause Problems*

**TOP
DOCTORS
TIP**

PLEASE DEBUNK A POPULAR MYTH

“MYTH: If you see well, there is no need for a regular eye exam. The eyes often reveal the most about one's well being. Routine eye exams are necessary to ensure good eye health and help to diagnose other potential health issues. Medical conditions such as diabetes, hypertension, stroke, autoimmune disease, and cancer can be discovered at an early stage to prevent progression of the illness.” – *Dr. James R. Gordon, Ophthalmology*

Susan S. Malley

Somers
(914) 277-4544
Putnam Hospital Center
*Gynecology Only, Adolescent Gynecology,
Menstrual Disorders, Menopause Problems*

Catherine A. McGovern

White Plains
(914) 831-6800
White Plains Hospital

Kevin L. Meacham

Larchmont
(914) 834-4123
White Plains Hospital
*Pregnancy-High Risk, Laparoscopic Surgery,
Robotic Surgery*

Lawrence G. Mendelowitz

Sleepy Hollow
(914) 631-0337
Phelps Memorial Hospital Center,
Westchester Medical Center
*Osteoporosis, Gynecologic Surgery, Pelvic
Organ Prolapse Repair, Pregnancy-High Risk*

Laura Mieszerski

Peekskill
(914) 734-8790
NewYork-Presbyterian/Hudson Valley
Hospital
Adolescent Gynecology, Pregnancy-High Risk

Monique M. Regard

Hawthorne
(914) 304-5254
Westchester Medical Center
*Pediatric & Adolescent Gynecology Only,
Birth Defects-Vaginal, Ovarian Masses in
Children/Adolescents*

Beth J. Simon

Harrison
(914) 723-8100
Greenwich Hospital
*Infertility, Laparoscopic Surgery, Adolescent
Gynecology, Menopause Problems*

Randee S. Wysoki

White Plains
(914) 831-6800
White Plains Hospital

OPHTHALMOLOGY

Seth A. Biser

Fleetwood
(914) 664-2300
NewYork-Presbyterian/Lawrence Hospital
*Corneal Disease & Surgery, Cataract Surgery,
Refractive Surgery*

Michael L. Cohen

Mount Kisco
(914) 242-1355
Northern Westchester Hospital
Retinal Disorders

William Dieck

Mount Kisco
(914) 666-4939
Northern Westchester Hospital
*Cataract Surgery, Glaucoma, Intraocular
Lens Replacement, Dry Eye Syndrome*

Craig Fern

Mount Kisco
(914) 244-3800
Northern Westchester Hospital
Retinal Disorders, Retina/Vitreous Surgery

Morris I. Glassman

Yorktown Heights
(914) 962-5506
Northern Westchester Hospital
Laser Surgery, Glaucoma

Steven Bodine

Bronxville
(914) 793-6900
NewYork-Presbyterian/Lawrence Hospital
*Retinal Disorders, Macular Degeneration,
Retina/Vitreous Surgery*

John G. Bortz

White Plains
(914) 686-0006
Westchester Medical Center
*Oculoplastic & Orbital Surgery, Neuro-
Ophthalmology, Orbital & Eyelid Tumors/
Cancer, Eyelid Cosmetic & Reconstructive
Surgery*

Beth S. Bromberg

Rye
(914) 848-8999
White Plains Hospital

Harris C. Brustein

New Rochelle
(914) 235-0022
Montefiore New Rochelle Hospital

Howard C. Charles

Mount Kisco
(914) 666-2001
Northern Westchester Hospital
Retinal Disorders, Retina/Vitreous Surgery

James R. Gordon

Harrison
(914) 949-9200
White Plains Hospital
*Oculoplastic Surgery, Eyelid Cosmetic &
Reconstructive Surgery, Eyelid Surgery/
Blepharoplasty, Botox Therapy*

Ameet Goyal

Rye
(914) 921-6966
Greenwich Hospital
*Eyelid Surgery/Blepharoplasty, Oculoplastic
& Reconstructive Surgery, Cataract Surgery,
LASIK-Refractive Surgery*

Allen S. Greenbaum

Harrison
(914) 949-9200
White Plains Hospital
*Cataract Surgery, Intraocular Lens
Replacement, LASIK-Refractive Surgery*

Steven C. Greenberg

Rye
(914) 848-8999
White Plains Hospital
Pediatric Ophthalmology

Ask the Experts

Welcome to our popular *Ask the Experts* program, an annual feature showcasing some of the area's most respected doctors and dentists. In fact, our panel of experts features only those professionals who have the distinction of being recognized as a *Top Doctor by Castle Connolly Medical Ltd.* or as a *Top Dentist by topDentists, LLC™*.

Each panelist will provide meaningful insights into their medical specialty, as well as answers to the questions that matter most to our readers. This exciting feature will be available online **November 1, 2016** and throughout the year by visiting:

westchestermagazine.com/AskTheExperts



AESTHETICS

James R. Gordon, MD, FACS, FAO

450 Mamaroneck Avenue, Suite 402
Harrison, NY 10528
914-949-9200
984 North Broadway
Yonkers, NY 10701
914-476-0650
www.cosmeticeyelids.com

Q&A TOPIC: [Beauty Game-Changers](#)



BARIATRIC SURGERY

Amanda Messina, MD, FACS

Northern Westchester Hospital
400 East Main Street
Mount Kisco, NY 10549
914-241-1050
www.nwhsurgicalweightloss.org/DrMessina

Q&A TOPIC: [Hernia Repair Methods and Recovery](#)



BARIATRIC SURGERY

Miguel Silva, MD, FACS

NewYork-Presbyterian/
Lawrence Hospital
685 White Plains Road,
Second Floor
Eastchester, NY 10709
914-787-4106
www.nyplawrence.org

Q&A TOPIC: [Weight Loss Surgery Recovery](#)



BARIATRIC SURGERY

Mitchell Roslin, MD

Northern Westchester Hospital
400 East Main Street
Mount Kisco, NY 10549
914-242-8350
www.nwhsurgicalweightloss.org/DrRoslin

Q&A TOPIC: [Obesity, Weight Loss, & Bariatric Surgery](#)



CANCER/ ONCOLOGY

Alain C.J. de Lotbinière, MD, CM, FACS, FRCS

Northern Westchester Hospital
400 East Main Street
Mount Kisco, NY 10549
914-948-6688
www.nwhgammaknifeny.org/DrdeLotbiniere

Q&A TOPIC: [Spinal Cord Stimulation and the Treatment of Chronic Pain](#)



CANCER/ ONCOLOGY

Alfred Tinger, MD, FACRO

Northern Westchester Hospital
400 East Main Street
Mount Kisco, NY 10549
914-969-1600
www.nwhcancercenter.org

Q&A TOPIC: [Radiation Oncology for Skin Cancer](#)

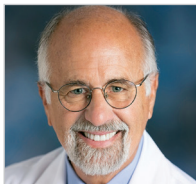


CARDIOLOGY

Mitchell Fishbach, MD

NewYork-Presbyterian/
Lawrence Hospital
688 White Plains Road
Scarsdale, NY 10583
914-722-6300
www.nyplawrence.org

Q&A TOPIC: [Stress and Cardiovascular Disease](#)



COSMETIC & GENERAL DENTISTRY

Kenneth Magid, DDS, FICD

Advanced Dentistry of
Westchester
163 Halstead Avenue
Harrison, NY 10528
914-835-0542
www.adofw.com

Q&A TOPIC: [Veneers, Cosmetic Makeovers, and Smile Enhancement](#)



COSMETIC & GENERAL DENTISTRY

Sabrina Magid-Katz, DMD

Advanced Dentistry of
Westchester
163 Halstead Avenue
Harrison, NY 10528
914-835-0542
www.adofw.com

Q&A TOPIC: [High Technology Dentistry for the Whole Family and Treatment of Snoring and Sleep Apnea](#)

Congratulations to our 2016 Top Doctors

Samuel Beran, MD
James Gordon, MD
Ameet Goyal, MD
Allen Greenbaum, MD

Joshua Greenwald, MD
Jack Rosemarin, MD
Bradley Scharf, MD

All of our physicians are Board-certified in their chosen specialties.



- Specialized excellence in ophthalmologic, plastic and reconstructive, hand, orthopedic, podiatric, ENT, uro-gynecologic, oral maxillofacial and general surgeries.
 - State licensed by the New York State Department of Health
 - Accredited by the Association for Ambulatory Healthcare (AAAHC)
 - Certified by the Centers for Medicare and Medicaid Services
 - Four spacious operating rooms ▪ State of the art equipment
- Highly trained clinical staff ▪ Participating with most major insurance plans ▪ Free parking



**SURGICAL
SPECIALTY
CENTER**
of Westchester

Conveniently located at:

440 Mamaroneck Ave., Ste. 410 • Harrison, NY 10528 • 914.777.8400 • nysurgicenter.com



Front row, left to right: Annmary Abadir, OD; Jana Campbell, Chief Ophthalmic Technician; Smith Voletti, MD. Back row, left to right: Bruce L. Gordon, MD, PC, FACS; James R. Gordon, MD, PC, FACS; Allen S. Greenbaum, MD, PC, FACS; Pettie Griffith-Soso, Office Manager; Neil R. Katz, MD, PC, FAAO; and Seth D. Potash, MD, PC, FAAO.

Ophthalmology

Westchester Eye Associates

450 Mamaroneck Avenue • Harrison • (914) 949-9200

984 N Broadway • Yonkers • (914) 476-0650

www.WestchesterEye.com

The physicians at Westchester Eye Associates are recognized leaders in providing world-class medical and surgical eye care for patients in New York and surrounding areas for over 40 years. Today, Westchester Eye Associates is the largest eye-care specialty practice in the county and one of the largest in New York. Known for their extensive experience, these award-winning doctors have a proven record in treating their patients with unsurpassed care and passion.

Founder Dr. Bruce Gordon and his exceptional partners, including Dr. Allen Greenbaum, Dr. Seth Potash, Dr. Neil Katz, and Dr. James Gordon are all board certified and members of the American Academy of Ophthalmology. These talented practitioners, along with glaucoma specialist Dr. Smith Voletti, on-staff optometrist Dr. AnnMary Abadir, and a team of highly trained optometrists and ophthalmic technicians share a common goal: to give patients the best care in sight.

The dedicated ophthalmological surgeons use state-of-the-art diagnostic equipment and are highly experienced in the most advanced surgical techniques for cataract, glaucoma, refractive

errors (LASIK, PRK), strabismus, cosmetic eyelid, as well as non-surgical facial procedures (BOTOX®, Fillers, Laser Skin Resurfacing, MicroNeedling, and Platelet-Rich Plasma).

With convenience as a hallmark of its service, the practice features an on-site optical shop staffed with experienced, licensed opticians, and its own lab, making it easy for patients to order glasses. The optical shop also carries a comprehensive selection of designer eyeglasses and sunglasses, as well as contact lenses, specialty lenses for computer use, and safety eyewear for sports.

The practice, which continues to grow, has relocated to a brand new facility in Harrison, featuring considerable more space and comfort, ample parking, and most importantly, advanced leading-edge technology. A new state-of-the-art surgery center is also conveniently located next to the Harrison office. With two offices in Harrison and Yonkers, patients across the region find it easy to access the advanced practice's excellent care. At Westchester Eye Associates, you will have the absolute best eye-care experience. Most major health insurance plans are accepted.