

WINTER GETAWAYS  
10 PLACES TO ESCAPE THE COLD

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FEAST**  
LOCAL CHEFS REVEAL  
THEIR BEST RECIPES

# 641 TOP DOCTORS

Alon Gitig, MD, FACC  
Cardiologist at St. John's  
Riverside Hospital



**Top Tips  
From  
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**patients' peeves**

"One of the major complaints patients have is the lack of communication between their physicians. When a patient has a primary-care physician and multiple specialists taking care of them, there are occasions when results need to be communicated immediately. Electronic medical records are helping solve this problem. Unfortunately, many of the 'EMRs' do not interface with each other. In the future, hopefully hospital systems will communicate with physicians' offices. One example is the EPIC EMR project that Montefiore and its affiliated hospitals in Westchester are implementing."

—Dr. Richard Charney, *Cardiovascular Disease*

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*Pregnancy-High Risk,  
Hysterectomy Alternatives,  
Robotic Surgery, Minimally  
Invasive Surgery*

**Adina Holand Keller**  
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(914) 241-1050  
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*Robotic Surgery, Minimally  
Invasive Surgery, Menopause  
Problems*

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Michael Swirsky

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Zorayda Pretto  
Randy Stein  
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Seth Gendler  
Robert Goldblatt  
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Herbert Gretz

### INFECTIOUS DISEASE

Sandra Kesh

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Bradley Adler  
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Ronald Dennett  
Martin Engelhardt  
Mitchell Fenster  
Shari Glickstein  
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Lori Saltzman-Gabelman  
Todd Shinnick  
William Zarowitz

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Mark Fialk

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Joshua Raff  
Sara Sadan

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Jesus Jaile-Marti

### NEPHROLOGY

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Renee Garrick  
Michael Klein  
Iosif Kolbovsky  
Anthony Korosi  
Marianne Monahan  
Jonathan Rie

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Olgica Laban-Grant  
Maria Muste  
Avtar Singh

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Alain De Lotbiniere

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Julianne Dunne  
Bonnie Eilen  
Catherine McGovern  
Kevin Meacham  
Randee Wysoki

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Allen Greenbaum  
Steven Greenberg  
Martin Lederman  
Lori Tindel-Kahn  
Steven Zabin

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Paul Fragner

Jonathan Holder  
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Hyman Ryback

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Chhavi Agarwal

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Morton Berman  
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Florenca Braier  
Barbara Coven  
Wendy Proskin  
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Steven Meixler  
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Randy Stevens

### REPRODUCTIVE ENDOCRINOLOGY

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**Q&A TOPIC: High-technology Dentistry for the Whole Family and Phobic Patients**



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**Q&A TOPIC: Non-Surgical Eyelid and Facial Rejuvenation**



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**Q&A TOPIC: CEREC Digital Dentistry and Full Mouth Reconstruction**



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**Q&A TOPIC: Wisdom Tooth Extraction**



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**Q&A TOPIC: Dental Implants**



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DrAbrahams

**Q&A TOPIC: Chronic Back Pain and Advanced Surgical Solutions**



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www.nwhorthoandspine.org

**Q&A TOPIC: Concussions and the Youth Athlete**



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914-241-1050  
www.nwhorthoandspine.org/  
DrKaras

**Q&A TOPIC: Shoulder Pain and Advanced Shoulder Surgery**



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www.nwhorthoandspine.org/  
DrKhabie

**Q&A TOPIC: Robot-Assisted Partial Knee Replacement**



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DrKornel

**Q&A TOPIC: Whiplash and Traumatic Brain Injury**



**ORTHO & SPINE**  
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845-278-4300  
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DrPeris

**Q&A TOPIC: Scoliosis and Lateral Spine Fusion**

**November 20**

**THE WEIGHT.** Former members of The Band, Levon Helm Band, and Rick Danko Group perform their hits. *Tarrytown Music Hall, Tarrytown (914-631-3390; www.tarrytownmusichall.org)*

**November 21**

**GARLAND JEFFREYS BAND.** The folk rock singer of such songs as "Turth Serum" and "It's What I Am" performs live. *Turning Point Café, Piermont, NY (845-359-1089; www.turningpointcafe.com)*

**November 21**

**NO BS! BRASS BAND.** The East Coast modern funk band that blends elements of James Brown, John Coltrane, and Led Zeppelin performs. *purpl, Hastings-on-Hudson (914-231-9077; www.purpl.org)*

**November 22**

**ERIC ANDERSEN.** Famed folk legend and singer of hits including "Blue River" and "Salt on Your Skin" performs. *Turning Point Café, Piermont, NY (845-359-1089; www.turningpointcafe.com)*

**November 22**

**SUSANNE VEGA AND DUNCAN SHEIK.** Two brilliant, critically acclaimed singer/songwriters join forces for one unforgettable night. *Tarrytown Music Hall, Tarrytown (914-631-3390; www.tarrytownmusichall.org)*

**November 25**

**ARTURO SANDOVAL.** Watch as Dizzie Gillespie's world-famous protégé shows why he is widely known as a master of jazz trumpet and flugelhorn. *The Performing Arts Center, Purchase College, Purchase (914-251-6200; www.artscenter.org)*

**November 25**

**GEORGE CLINTON AND PARLIAMENT FUNKADELIC.** One of the century's most influential R&B, funk, and soul performers takes to the stage in typically dazzling fashion. *Paramount Hudson Valley, Peekskill (914 739-0039; www.paramounthudsonvalley.com)*

**November 27 – 28**

**GUSTER.** The celebrated rock group known for such hits as "Medicine," "Fa La La," and "Demons" performs live. *The Capitol Theatre, Port Chester (914-937-4126; www.thecapitoltheatre.com)*

## dance

**November 7**

**DAVID DORFMAN DANCE.** The world-famous choreographer presents his new critically acclaimed dance *Come, and Back Again*, about loss, beauty, love, and resiliency. *Quick Center for the Arts, Fairfield University, Fairfield, CT (203-254-4010; www.quickcenter.com)*

**November 19**

**TAYLOR 2.** The innovative dance troupe plays tribute to Taylor's genius with its signature style of athleticism, humor, and range. *Westchester Community College, Valhalla (914-606-6600; www.sunywcc.edu/events)*

**November 25**

**JESSICA LANG.** A former performer with Twyla Tharp and one of the world's most celebrated dancers, Lang choreographs two of her notable new works, *The Wanderer* and *The Calling*. *The Performing Arts Center, Purchase College, Purchase (914-251-6200; www.artscenter.org)*

## theater

**Ongoing through November 7**

**CARRIE, THE MUSICAL.** Just in time for Halloween, the Irvington Town Hall Theater performs the musical theater adaptation of the classic teen horror film. *Irvington Town Hall Theater, Irvington (914-591-6602; www.irvingtontheater.com)*



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*"The Best Care in Sight" is provided by the ophthalmologists at Westchester Eye Associates. From left to right: Dr. Bruce Gordon, Dr. James Gordon, Dr. Allen Greenbaum, Dr. Smitha Voleti, Dr. Neil Katz, and Dr. Seth Potash*

## Ophthalmology

### WESTCHESTER EYE ASSOCIATES

450 Mamaroneck Avenue • Harrison, NY • (914) 949-9200  
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Founder Dr. Bruce Gordon and his exceptional partners, including Dr. Allen Greenbaum, Dr. Seth Potash, Dr. Neil Katz, and Dr. James Gordon are all board certified and members of the American Academy of Ophthalmology. These talented practitioners, along with glaucoma specialist Dr. Smitha Voleti and a team of highly trained optometrist and ophthalmic technicians share a common goal: to give patients the best care in sight.

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