White Plains Hospital Adolescent Medicine

PEDIATRIC & ADOLESCENT GYNECOLOGY

Monique M. Regard Valhalla (914) 304-5254 Westchester Medical Center Northern Westchester Hospital Reproductive Birth Defects, Ovarian Tumors in Children/ Adolescents, Polycystic Ovarian Syndrome

PEDIATRIC CARDIOLOGY

Fredrick Bierman Valhalla (914) 594-4370 Westchester Medical Center Echocardiography, Fetal Echocardiography, Kawasaki Disease, Congenital Heart Disease

David Crowe

Chappaqua (914) 458-8800 Northern Westchester Hospital Morgan Stanley Children's Hospital of NewYork-Presbyterian Congenital Heart Disease

Markus Erb

Hawthorne (914) 594-4370 Westchester Medical Center Cardiac Catheterization, Atrial Septal Defect, Ventricular Septal Defect, Patent Foramen Ovale

Bernard G. Fish Hawthorne (914) 594-4370 Westchester Medical Center Cardiac Imaging, Fetal Echocardiography

Deborah M. Friedman Valhalla (914) 594-4370 Westchester Medical Center Fetal Cardiology, Echocardiography, Fetal Echocardiography, Congenital Heart Disease

Michael Gewitz Valhalla (914) 594-4370 Westchester Medical Center Neonatal Cardiology, Kawasaki Disease, Echocardiography, Heart Failure

PEDIATRIC ENDOCRINOLOGY

Richard Noto Sleepy Hollow (914) 366-3400 Westchester Medical Center Growth/Development Disorders, Diabetes, Lead Poisoning, Thyroid Disorders

Alicia Romano Sleepy Hollow (914) 366-3400 Westchester Medical Center Growth/Development Disorders, Diabetes

PEDIATRIC GASTROENTEROLOGY

Stuart Berezin Valhalla (914) 367-0000 Westchester Medical Center

Audrey H. Birnbaum

Mount Kisco (914) 241-1050 Northern Westchester Hospital Food Allergy, Inflammatory Bowel Disease/Crohn's

PEDIATRIC HEMATOLOGY-ONCOLOGY

Mitchell S. Cairo Hawthorne (914) 493-7997 Westchester Medical Center Bone Marrow Transplant, Stem Cell Transplant, Leukemia, Lymphoma

Oya Tugal

Hawthorne (914) 493-7997 Westchester Medical Center Leukemia & Lymphoma, Langerhans Cell Histiocytoma, Hemophilla

PEDIATRIC ORTHOPAEDIC SURGERY

Iris Schlesinger Hawthorne (914) 789-2731 Westchester Medical Center Phelps Memorial Hospital Center

PEDIATRIC OTOLARYNGOLOGY

Joseph M. Bernstein White Plains (914) 997-9100 The New York Eye and Ear Infirmary Beth Israel Medical Center-

Milton and Caroll Petrie Division Airway Disorders, Sleep Apnea, Craniofacial Surgery

Lianne M. deSerres

Ardsley (914) 693-7636 Westchester Medical Center Airway Disorders, Sinus Disorders, Ear Infections, Sleep Apnea

Jeffrey L. Keller Mount Kisco (914) 241-1050

MKMG-Mount Kisco Northern Westchester Hospital Otitis Media, Sinusitis, Sleep Disorders/Apnea

David M. Merer Ardsley (914) 693-7636 Westchester Medical Center

PEDIATRIC PULMONOLOGY

Allen J. Dozor Valhalla (914) 493-7585 Westchester Medical Center Asthma, Cystic Fibrosis

Lewis Kass Mount Kisco (914) 242-0445 Northern Westchester Hospital

Norwalk Hospital Sleep Disorders/Apnea

PEDIATRIC SURGERY

Oliver J. Muensterer

Valhalla (914) 493-7620 Maria Fareri Children's Hospital at Westchester Medical Center Endoscopic Surgery, Minimally Invasive Surgery, Congenital Anomalies-Gastrointestinal, Trauma

Jeffrey Zitsman Scarsdale (914) 722-6737 Morgan Stanley Children's Hospital of NewYork-Presbyterian White Plains Hospital Minimally Invasive Surgery, Chest Wall Deformities, Obesity/ Bariatric Surgery

PEDIATRIC UROLOGY

Edward Reda Tarrytown (914) 493-8628 Westchester Medical Center

PHYSICAL MEDICINE & REHABILITATION

Karen M. Pechman White Plains (914) 683-0020 Burke Rehabilitation Hospital White Plains Hospital Electrodiagnosis, Musculoskeletal Disorders, Amputee Rehabilitation, Pain Management

Audrey Randolph Hawthorne (914) 909-4168 Westchester Medical Center Musculoskeletal Disorders, Pain-Back & Neck

PLASTIC SURGERY

Samuel J. Beran Harrison (914) 761-8667 White Plains Hospital Northern Westchester Hospital Reconstructive Surgery, Liposuction, Breast Augmentation

Simon H. Chin Katonah (914) 232-3135 MKMG-Katonah Northern Westchester Hospital Putnam Hospital Center Hand Surgery, Cosmetic Surgery, Plastic & Reconstructive Surgery

Richard C. Garvey Harrison (914) 771-7373 Lawrence Hospital Center Sound Shore Medical Center Facial Plastic Surgery, Breast Reconstruction

Joshua Adam Greenwald Harrison (914) 761-8667 White Plains Hospital Breast Augmentation, Rhinoplasty, Liposuction & Body Contouring

(Continued on p. 110)



"In my 40 years of practicing radiology, 3D tomosynthesis mammography is the most significant breakthrough in breastcancer screening, and I recommend it for all women in the age group for screening. This technology has been shown to find more breast cancers than traditional mammography while reducing false positives." —Diane LoRusso, MD, diagnostic radiology

–Diane LoRusso, MD, diagnostic radiology (p.68)

"Cancer therapy is changing extremely rapidly. Drugs are being developed every month targeting specific changes in tumors, with much less toxicity." —Elizabeth Phillips, MD, medical oncology (p. 70)

"The good news about cardiovascular disease is that we have increasingly effective treatments, and many cardiovascular problems—diseases of the arties and valves—are now very treatable, if not preventable."

—Richard H. Kay, MD, cardiovascular disease (p. 67)

"Over the last decade, there has been an explosion of options for treating psychiatric symptoms and illnesses, including multiple types of psychotherapy and medications with increased effectiveness and less side effect."

—Rebecca Dulit, MD, psychiatry (p.110)

Did You Know...?

"A persistent cough can be the only sign of asthma."

> —Kira Geraci-Ciardullo, MD, allergy & immunology (p. 67)

"Many people fear that wearing corrective lenses will weaken the eyes and increase their dependence on glasses. This is generally not true. [Also] while cataract surgery can be performed on even the most minimal cataracts, prudence demands that we wait until the benefits of surgery outweigh the risks."

—James R. Gordon, MD, ophthalmology

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