

## Success Stories

### Anthony P. Sclafani, MD, FACS

#### Facial Plastic Surgery



59 S. Greeley Avenue  
Chappaqua, NY  
(914) 238- 5500

161 Madison Avenue  
New York, NY  
(212) 979- 4534

Specializing in Rhinoplasty and  
Rejuvenative Facial Surgery

www.NYface.com

Voted one of New York Magazine's Best Doctors, 2004 - 2013



#### Spa Chiara Wellness Center

Saw Mill Club East  
333 N Bedford Rd  
Mount Kisco  
(914) 752-6850  
spachiara.com

#### HEADED FOR A HEALTHY FUTURE

Dr. Sharon DeChiara was very excited to open Spa Chiara Wellness Center at Saw Mill Club East in Mount Kisco last year. After more than a dozen years in a hospital setting, she designed a soothing space inside of a premier health club, and has been able to expand her services accordingly.

"It's really paying off for me," says Kim, a long-time patient of Dr. DeChiara. "I had liposuction and Botox in the past—now I'm also receiving bio-identical hormones, IV vitamin therapy, and a medical weight-loss program. And because Spa Chiara is in my health club, visits to Dr. D are part of my overall goal of getting healthier for the holidays and into the years to come."

#### Westchester Eye Associates

170 Maple Ave,  
Suite 402  
White Plains  
(914) 949-9200

984 N Broadway  
Yonkers  
(914) 476-0650  
westchestereye.com



#### GLASSES NO MORE!

Anyone who specializes in watch repair knows it takes meticulous care to perform that delicate skill. Dr. James Gordon, board certified ophthalmologist and oculoplastic surgeon, knows it takes great eyesight, too.

Recently, a 75-year-old Westchester watch repairman who loves his work visited Dr. Gordon's White Plains office. He was wearing thick glasses for distance and reading, and he had cataracts. Dr. Gordon explained to the man that cataract surgery, one of the most effective types of surgery, could improve his vision, decrease glare while driving at night, improve color vision, and even eliminate the need for glasses at all! He told him that timing the surgery was important (not too

### Want to look less tired?



James Gordon, M.D.  
Board Certified  
Oculoplastic Surgeon

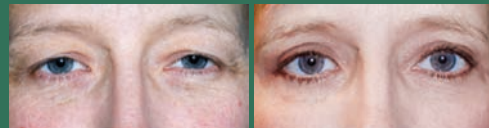
Again named a Top Doctor, 2013  
by Castle Connely

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#### >> Start with your eyes.

Before

After



#### >> Blepharoplasty

Removes upper eyelid "hoods" and lower eyelid "bags"

Before

After



#### >> Ptosis Repair

Lifts droopy eyelids

Before

After



#### >> Laser Resurfacing

Tightens skin, removes wrinkles and pigmentation

### FREE CONSULTATIONS

## Success Stories

early, not too late), and that for him, the time was right!

At Dr. Gordon's suggestion, the man underwent cataract surgery, and opted for an advanced innovation called Multifocal Lens, which are placed in both eyes and eliminate the need for eyeglasses. Now, he is enjoying his craft more than ever—without glasses!



**Westchester Spine & Brain Surgery**  
280 N Central Ave  
Hartsdale  
(914) 332-0396  
wsbsonline.com

### BACK, AND BEYOND BETTER

Board certified neurosurgeon Bennie Chiles III, MD, FACS, has performed more than 2,000 surgical procedures at Westchester Spine and Brain Surgery (WSBS), such as this one...

A healthy young college-age female presented with a long history of chronic, progressive lower back pain. She had previously undergone a discectomy and fusion by another surgeon, but continued to have severe symptoms. Imaging demonstrated that her prior fusion had failed to take successfully. In a four-hour operation performed by Dr. Chiles, her old spinal hardware was removed, and she underwent a repeat formal fusion, with new spinal instrumentation and bone grafting. Three months after surgery, her symptoms had completely resolved, she was off all pain medication, and feeling better than she had felt in years. ●



# Sculpt Your Body

with Laser Lipo



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- Former Clinical Instructor at Yale
- Author of *The Brown Fat Revolution*



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