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If you have **heavy upper eyelids** and you think you need an upper blepharoplasty, you might need a browlift, radio frequency or a resurfacing laser.



BEFORE

AFTER



Miami plastic surgeon Sean Simon, MD, minimized this patient's drooping upper eyelids with four treatments of Pelleve (her cheeks were also treated).

06

If you have **loose skin on your upper eyelids** and you think you need your brows done, you might need an upper blepharoplasty or resurfacing laser.



BEFORE

AFTER



Nashville, TN, oculoplastic surgeon Brian Biesman, MD, refreshed her eyes with an ablative laser treatment.

07

If you have **severe under-eye bags** and you think you need a full eyelift, you might need a lower blepharoplasty.



BEFORE

AFTER



New York facial plastic surgeon Dilip Madnani, MD, performed lower eyelid surgery to remove excess skin and fat.



EYE DROPS THAT LIFT

For the most part, blepharoplasty is the best solution to lift sagging, fatigued eyelids back to where they belong and give the eyes a more open look. But, some doctors, like Dr. Gordon, are able to instantly lift over-hanging eyelids without a scalpel using an eye drop, which has been used for years to treat glaucoma. While the eyelift only lasts for one day (you need to re-administer the drops daily), Dr. Gordon says this is a quick fix for patients who want instant gratification without the pain, downtime and cost of surgery. It is also a great option for those whose condition is not severe enough for surgical intervention, but they desire immediate eyelid correction.

HOW THEY WORK:

Many people think they need their eyes done, when in reality, it's a low brow that's making their upper lids heavy.

Dr. Ness says that if your brows fall down and the tails of them are at the level of your brow bone when your brows are at rest, then it might be that your brows are the problem. For a nonsurgical fix, neuromodulators can be injected below your brows so that they migrate up. But, if the descent is extreme, this isn't recommended because it drops the brow over the bone, causing the eyes to look heavy.

HOW THEY WORK:

Methods to rejuvenate the upper eyelid have evolved over time, and instead of the focus being on how much fat and skin can be removed, it's now more about taking out just the right amount of skin and fat. "This preserves the volume and fullness of your upper eyelids so you don't get that hollowed-out look that no one wants," says Dr. Ness. Lasers are occasionally used in combination with surgery to further smooth out the skin on your eyes for a more rejuvenated look.

HOW IT WORKS:

An under-eye bag is nothing more than an outward reflection of displaced fat. According to La Jolla, CA, plastic surgeon Robert Singer, MD, blepharoplasty is one of the most frequently performed procedures. "Conservative surgery preserves the fat under the eyes for a natural look so the eyes don't become hollowed out," he says. That fat, which causes bags, can be removed or repositioned so that it lays flat. If hollows are present, too, they should be addressed with microfat grafts, fat repositioning or fillers.

