## C CK:

EYES: "Maintain youthful) eyelids by using eye moisturizers) with sunblock (SPF 30 and higher) and wearing sunglasses – the larger the better – to prevent UV damage." – Dr. James R. Gordon, oculoplastic surgeon in Westchester, N.Y.

**SKIN:** "Aside from the use of a broad spectrum sunblock with zinc oxide, I highly recommend Retin-A, which helps build collagen and removes the top layer of dead skin." – Dr. Robyn Siperstein, dermatologist in Boca Raton/Boynton Beach, Fla.

CHEEKBONES: "Sandra has big, well-defined cheekbones, and her face tapers to a slimmer but

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strong jawline. Long-acting fillers can help patients achieve this type of look. The key is to get the proportions right so there's a beautiful improvement that's not excessive." – Dr. Michael S. Godin, facial plastic surgeon

in Richmond

**TEETH:** "I would advise against the use of toothpastes containing silica. This ingredient polishes teeth, giving short-term results while causing long-term harm because it abrades the enamel." – Dr. Jan Linhart, cosmetic dentist in New York City

"Sandra has a well-balanced smile; her teeth are a nice light color. If you are not happy with the shade of your teeth, then in-office whitening, Lumineers or veneers may help." – Dr. Nargiz Schmidt, cosmetic dentist in New York City

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